

# New Approaches to Mental Health Care

**Best practice in  
supporting recovery**

**Thursday 18 June 2009  
Central London**

**BENEFIT  
FROM 15  
EXPERTS'  
INSIGHTS**

**Conference chair:**  
**EMMA MAIER**

Deputy Editor, *Community Care*

**Keynote address:**  
**LORD DARZI**

Parliamentary Under-Secretary of State,  
Department of Health (has been invited)

**Speakers:**

**LOUIS APPLEBY**

National Director for Mental Health,  
Department of Health (has been invited)

**PAUL JENKINS**

Chief Executive, Rethink

**ANGELA GREATLEY**

Chief Executive, Sainsbury Centre for Mental Health

**PAUL FARMER**

Chief Executive, MIND

**CLAIRE BARCHAM**

National Coordinator, Approved Mental  
Health Professional Leads Network,  
National Mental Health Development Unit

**KATHRYN HILL**

Director of Mental Health Programmes,  
The Mental Health Foundation

**PETER BERESFORD OBE**

Service User and Chair of Shaping Our Lives  
and Professor of Social Policy,  
Brunel University

**DONAL HEGARTY**

Policy and Commissioning Manager,  
Surrey County Council

**DR IAN MCPHERSON**

Director,  
National Mental Health Development Unit

**JIM SYMINGTON**

Head of External Commissioning and  
Improved Care Pathway Programmes,  
National Mental Health Development Unit

**JESSICA BERRY**

Lead, Self-Directed Support, Together

**RUTH ALLEN**

Director of Social Work, South West London  
and St George's Mental Health NHS Trust

## **BENEFITS OF ATTENDING:**

- Explore best practice case studies and successful intervention processes
- Transform your day and vocational mental health services
- Hear feedback from service users
- Review the National Social Inclusion Plan – where are we now?
- Update your knowledge of behavioural and talking therapies

**Half Day Pre-conference Workshop, Wednesday, 17 June 2009, 1.30pm**

***Working in Productive Mental Health Partnerships  
to Achieve High Standard Recovery-Oriented Care***

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mental health

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[www.conferencesandtraining.com/mental-health](http://www.conferencesandtraining.com/mental-health)

# New Approaches to Mental Health Care

## Best practice in supporting recovery

### Why attend this conference?

This *Community Care* conference will help social care professionals establish a recovery-orientated approach to enable service users enjoy more choice and control – and gain insights into the key ramifications of the personalisation revolution on mental health provisions.

Recovery provides a new rationale for mental health services and requires a recovery management plan to be put in place for service users. Examine the factors that contribute to successful recovery as found through research, service monitoring and audits. Update your practices and modernise your services by attending this conference.

### Key topics will include:

- Modernising mental health services – policy and practice
- Making recovery a reality
- Helping service users overcome social exclusion
- Developing education and employment opportunities
- Sharing successful methods of improving whole-life outcomes

### Who should attend this conference?

- Social Workers in mental health
- Team Managers in mental health
- Approved mental health professionals
- Mental Health Practitioners
- Charity and voluntary sector staff in mental health
- Psychologists
- Occupational Therapists
- Those working in probation and prisons with mental health clients
- Day services managers and staff

### Post-registration training and learning (PRTL)

Attending this conference is an excellent opportunity to collect PRTL hours as required by the GSCC. Simply attend the conference, record your learning on the Record of Achievement form provided and keep it with your GSCC form for reference when you re-register.

### Special Requirements

*Community Care* Conferences would like to ensure that all delegates can participate fully at our events. If you have any additional requirements, e.g. wheelchair access, large print documentation, a prayer room or an induction loop, or if you have any particular dietary requirements, please give us advance notice of at least 2 days to accommodate your needs.\*

\*We may not be able to meet your needs with less than 2 full days notice

### Half Day Pre-conference Workshop, Wednesday, 17 June 2009, 1.30pm

#### Working in Productive Mental Health Partnerships to Achieve High Standard Recovery-Oriented Care

- Explaining dynamics of the mental health recovery group which is made up of representatives from the Statutory and Voluntary Mental Health Sectors - staff, service users and carers
- Choice and control for service users
- Real life experiences and case studies of integrated and successful action plans, peer support and initiatives

Mental health services in England are experiencing a period of unprecedented change. In the last five years, a wealth of evidence has emerged about which practices are effective and which are not, but all interest groups agree on the fact that integrated services provide improved chances of successful outcomes and the least chance of service users falling through the cracks. There have been mental health cuts across health and social care, physical and mental health and mainstream and specialist services. Learn about this successfully integrated service and how they are helping to transform lives and improve well being by attending this workshop.

# PROGRAMME – Thursday 18 June 2009

09:30	Delegate Registration		
09:50	<b>Chair's Opening Remarks</b> EMMA MAIER, <i>Deputy Editor, Community Care</i>		
10:00	<b>Keynote Address</b> LORD DARZI, <i>Parliamentary Under-Secretary of State, Department of Health (has been invited)</i> <ul style="list-style-type: none"><li>Improving mental health for the whole population</li><li>Promoting recovery to better whole life outcomes</li></ul>		
10:25	<b>The Modernisation of Services: Government Policy</b> PROFESSOR LOUIS APPLEBY, <i>National Director for Mental Health, Department of Health (has been invited)</i> <ul style="list-style-type: none"><li>Replacing the National Service Framework</li><li>Shifting from the current medical model of mental health to an integrated approach</li><li>Choice and control for service users – key ramifications of the personalisation revolution</li></ul>	14:45	Tea and Coffee
10:50	<b>Making Recovery a Reality</b> ANGELA GREATLEY, <i>Chief Executive, Sainsbury Centre for Mental Health</i> <ul style="list-style-type: none"><li>What service users tell us</li><li>What recovery means for health and social care services</li><li>What recovery means for health and social care commissioners</li><li>Key next steps</li></ul>	14:55	<b>Promoting Whole Life Outcomes</b> DR IAN MCPHERSON, <i>Director, National Mental Health Development Unit</i> <ul style="list-style-type: none"><li>The basics: a brief overview of where we are now – what needs to change to promote recovery for whole life outcomes?</li><li>Leading change both in the commissioning and delivery of mental health services for whole life outcomes</li><li>Reconfiguring and integrating health and social care organisations to improve whole life outcomes</li><li>The challenge of the equalities agenda and planning for an aging population</li></ul>
11:15	Tea and Coffee	15:05	<b>Workshop Session 2, choose from:</b> <b>C The Mental Health Act 2007</b> JIM SYMINGTON, <i>Head of External Commissioning and Improved Care Pathway Programmes, National Mental Health Development Unit</i> <ul style="list-style-type: none"><li>Explaining the responsibilities: Local mental health services, the Mental Health Act Commission and the Care Quality Commission – the new integrated regulator for health and social care in England</li><li>Supervised Community Treatment</li><li>Community Treatment Orders: The link to recovery</li><li>Advice for commissioners and advocates</li></ul> <b>OR</b> <b>D Supporting Recovery by Meeting Housing Needs</b> JESSICA BERRY, <i>Lead, Self-Directed Support, Together</i> <ul style="list-style-type: none"><li>Housing solutions – independent living and supported housing options</li><li>Funding routes for housing considerations</li><li>Priorities for future development of services</li></ul>
11:30	<b>The Service User Perspective</b> PETER BERESFORD OBE, <i>Service User and Chair of Shaping Our Lives and Professor of Social Policy, Brunel University</i> <ul style="list-style-type: none"><li>What works for service users to promote their choice and control?</li><li>Positive examples and models of good practice involving service users</li></ul>		
12:00	<b>Workshop Session 1, choose from:</b> <b>A The Role of Talking Therapies</b> RUTH ALLEN, <i>Director of Social Work, South West London and St George's Mental Health NHS Trust</i> <ul style="list-style-type: none"><li>Involving service users: influence and incorporation</li><li>Health needs, talking therapies, social care and the practicalities of life</li><li>What constitutes success?: Outcome research, service monitoring and audit</li></ul> <b>OR</b> <b>B Transforming Day and Vocational Services</b> DONAL HEGARTY, <i>Policy and Commissioning Manager, Surrey County Council</i> <ul style="list-style-type: none"><li>Access to educational opportunities</li><li>What evidence is there that day and vocational services are of any help?</li><li>Real life experiences of providing these services</li></ul>	15:50	<b>Improving Mental Health for the Whole Population</b> KATHRYN HILL, <i>Director of Mental Health Programmes, The Mental Health Foundation</i> <ul style="list-style-type: none"><li>Protecting and promoting the mental wellbeing of the whole population, including those experiencing mental illness</li><li>Preventing mental illness – i.e. reducing risk factors for mental illness and increasing protective factors</li><li>Improving the quality of life of those people experiencing mental health problems</li><li>The challenges for organisations implementing recovery focused services e.g. organisational development and change management issues</li></ul>
12:45	Lunch	16:20	<b>Social Inclusion: Opening up Community Interaction Opportunities</b> PAUL FARMER, <i>Chief Executive, MIND</i> <ul style="list-style-type: none"><li>Reviewing the National Social Inclusion Plan – where are we now?</li><li>Developing service areas including housing and employment</li><li>Protection, wellbeing and public security for people with mental health</li></ul>
13:45	<b>'Breaking Down the Wall' of Stigma and Discrimination</b> PAUL JENKINS, <i>Chief Executive, Rethink</i> <ul style="list-style-type: none"><li>Campaigning to break down the wall of stigma and discrimination faced by people affected by severe mental illness</li><li>Reviewing the 'Time to Change' project</li><li>The importance of public education on mental health issues</li></ul>	16:50	<b>Chair's Closing Remarks</b>
14:15	<b>The Modernisation of Services: Practical Implications for Social Services</b> CLAIRE BARCHAM, <i>National Coordinator, Approved Mental Health Professional Leads Network, National Mental Health</i>	17:00	End of Conference

# Registration

Your priority booking code is:

web

You will need to quote this code to claim your early booking discount\*

\*The early booking discount is only available when you register before 8 May 2009

## New Approaches to Mental Health Care

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### Payment details

#### Charities, not-for-profit and voluntary sectors

Conference only £199 + VAT (£29.85) = £228.85 per delegate for bookings received on or before 8 May 2009

Conference only £249 + VAT (£37.35) = £286.35 per delegate for bookings received after 8 May 2009

#### Public and private sectors

Conference only £299 + VAT (£44.85) = £343.85 per delegate for bookings received on or before 8 May 2009

Conference only £349 + VAT (£52.35) = £401.35 per delegate for bookings received after 8 May 2009

#### All Sectors

Workshop only: £175 + VAT (£26.25) = £201.25 per delegate

Workshop when booked with conference: £150 + VAT (£22.50) = £172.50 per delegate

Documentation only £99 (zero VAT) per pack – paper format

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### 1st delegate details

Name

Job title

Email   
*(Please note we may need to send you information on venue changes by email)*

Tel

Choose your workshop: Session 1  A or  B and Session 2  C or  D

### 2nd delegate details

Name

Job title

Email   
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Tel

Choose your workshop: Session 1  A or  B and Session 2  C or  D

### Address details

Company

Address

City  Postcode

### Booking contact / invoice address

Name

Tel  Email

Address (if different from above)

I understand that this booking is subject to the cancellation terms set out on this registration form.


Authorised Signature

(all bookings must be signed)

Please return to: Community Care Conferences c/o LexisNexis®, Halsbury House, 35 Chancery Lane, London WC2A 1EL. VAT No: 730 8595 20


### How to book

 BOOKINGS AND ENQUIRIES: 020 7347 3574  
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 EMAIL: registrations@lexisnexis.co.uk

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### Exhibition opportunities

This conference provides an excellent opportunity to market your organisation to a key targeted audience. To raise your profile and showcase your services in this field, please contact **Debra Greening** on **020 8652 4514** or email **debra.greening@rbi.co.uk** to find out more about the range of opportunities available.

### Forthcoming events

Should you require any further information on any of the events below, please tick the appropriate box and return to Community Care Conferences c/o LexisNexis®

- Valuing People Now: Making it Happen 18 May 2009
- Child Protection: How to Strengthen Practice 12 June 2009
- Achieving Successful Transitions for Young Service Users 8 July 2009

### You can still benefit from the day – even if you can't make it!

Naturally, nothing matches the experience of coming to the conference, but if you really can't make it, you can still benefit by ordering a set of course papers. Available for £99, this will give you a permanent record of the subjects covered, which you can share with your colleagues.

To order call on 020 7347 3574 or return the booking form.

## Administration

**VENUE**  
Central London. The venue will be confirmed in the joining instructions letter.

**FEE**  
Your one-day fee includes attendance, refreshments, lunch and course documentation. Full payment, including VAT must be received prior to the conference. Please post a cheque for the full amount with your completed registration form or complete the credit card payment details. Once payment has been received a VAT invoice/receipt will be issued.

**OUR CONFIRMATION OF YOUR BOOKING**  
All bookings will be acknowledged in writing within five working days of receipt and joining instructions (final conference details and a venue location map) will be emailed to delegates approximately two weeks before the event. Please telephone the Bookings Enquiries line immediately:

- if you have not received written acknowledgement of your booking within 7 days of sending it by fax, post or email or
- if you have not received your joining instructions five days before the event

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Quote the code VHLEX at the time of booking.

**ADDITIONAL REQUIREMENTS**  
Community Care Conferences would like to ensure that all delegates can participate fully at our events. If you have any additional requirements, eg, wheelchair access, large print documentation or an induction loop, or if you have any particular dietary requirements please let us know on the adjacent form.

Please call me to discuss my requirements in more detail.

**CERTIFICATE OF ATTENDANCE**  
A certificate of attendance is available on request, following your attendance at this conference, as a record of your training and development.

**DOCUMENTATION SALE**  
Your notes will be dispatched within five working days after the event. Please call us if you do not receive your notes by two weeks after the event.

**CANCELLATIONS**  
A refund of fees will be made only for cancellations received in writing at least 14 days before the event (less a 25% cancellation fee to cover administration costs). No refunds will be made for cancellations received within 14 days of the event and failure to attend after confirming a booking will be subject to the same terms. We regret that the transfer of a booking to another event cannot be made but a substitute delegate will be accepted at any time before the event.

*This programme is correct at the time of going to press. However, we reserve the right to alter or cancel the programme due to circumstances beyond our control.*

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